

After School Yoga at Wyngate Elementary

FRIDAYS 4-5:30 P.M. GRADES K-5



Stretch, breathe, and relax with yoga at Wyngate Elementary! Children will learn yoga poses, deep breathing, meditation, and relaxation techniques in a fun, interactive environment. Each class ends with a period of meditation and deep relaxation. Each child will need to bring their own yoga mat for yoga class.

Fall 2026 Session Dates:

September 25

October 2, 9, 23, 30

November 6, 13, 20

December 4, 11, 18

Cost for Fall Session: \$330 (payment plans/installments available)

EARLY BIRD DISCOUNT USE CODE EARLYFALL2026 to take \$20 off fall registration if registered by 9/10. Coupon code must be entered at checkout in order to receive the discount.

Sibling Discount: A 15% sibling discount is taken automatically at checkout for the second child when registering 2 siblings; 25% discount for 3rd sibling. Please note that the discount does not apply to the first child.

* limited needs-based scholarships available; visit www.shiningkidsyoga.com/registration to apply for scholarships

Register online at: www.shiningkidsyoga.com/registration