



WARRIOR KIDS
— YOGA —

The Art of Movement

Theater, Yoga, Gymnastics & Dance

\$165

4:00pm-5:00pm

Begins Tuesday April 14

9-Week Session

K-5th Graders

*A playful journey of movement, imagination,
& confidence-building for kids*

Join us for a vibrant class where yoga meets storytelling, dance, and creative play! Kids will explore movement and mindfulness while unleashing their inner artist, building strength, and growing confidence from the inside out.

Through imaginative activities, every child will:

- **Theater:** Bring stories to life with physical theater & character creation
- **Dance:** Explore rhythm and release energy through joyful movement
- **Yoga:** Learn fun poses and “superpower” breathing for calm & focus
- **Gymnastics:** Strengthen coordination with core mat skills & playful challenges



Ph: 571 460 8506

www.warriorkidsyoga.com

Sign Up



These materials are neither sponsored nor endorsed by the Board of Education of Montgomery County, the superintendent of schools, or this school.